



TOUCH SWITZERLAND

Dear Player,

With the European Touch Championships finally announced to take place in Vichy, France from 9th – 12th August 2023, it is with great pleasure that we would like to inform you that you have been selected into Touch Switzerland's High Performance Training Squad for the European Championships 2023. Congratulations!

Within this squad you will be considered for the following teams:

Mixed Open	MXO
Men's 30's	M30
Men's 45's	M45

We are taking a slightly different approach this year in how we will start our preparations and finalise selections of our teams. We are excited about what this approach has to offer, and believe that this will enable us to further develop and build on our successes in our high performance representational program. By strengthening the foundational skills of every single athlete; by better utilising the breadth, experience and knowledge of our National coaching team; we will be raising the playing standard overall, providing a better platform for teams to be built on. Choice of final teams will be more complete, final player selections will be competitive, giving teams the tools required to really compete to the best of their ability at the European Championships.



Phase 1 - SLOPES:

Phase 1 of our preparation for this tournament will run from January - April 2023.

During which the Swiss Squads will be training collectively as Men's and Women's High-Performance Camps. During this period, we will begin to make decisions over the teams that we will take to the European championships, and the final coaching team will be appointed.

Please, find below the dates and locations of the training in Phase 1. If you cannot attend a session, please do notify the respective coordinator via email of your non-attendance as soon as possible. **Your attendance, commitment, attitude and ability as a player will shape and enable the teams that we take forward.**

Women's High Performance Squad Training Dates & Locations – 2023

- January 14th and 15th: Lausanne
- February 18th and 19th: Luzern
- March 18th and 19th: TBC
- April 15th & 16th: TBC

Women's Coordinator: Clio Phelan tswisswmns@gmail.com

Men's High Performance Squad Training Dates & Locations – 2023

- January 21st and 22nd: Egg
- February 18th and 19th: Luzern (subject to changes)
- March 18th and 19th: TBC
- April 15th and 16th: TBC

Men's Coordinator: Jim Weston

Phase 2 - CREST:

Phase 2 of our preparation will run from April – August 2023.

At the end of April, final Team and Player selection will be made following the Training Weekend. Most likely 3 or 4 Teams will be named to represent Touch Switzerland, with 16 players and 2-3 Train-On players being named per Team. Each Team will then train as a team in the build-up to the European Championships.

Team Training Dates – 2023

- May 20th and 21st: TBC
- June 17th and 18th – Tenero Centro Sportivo (hopefully along with guest teams)
- July 15th and 16th: TBC
- July 29th & 30th: TBC

Following this communication, you will be invited into a HP Squad What's App group, where all information will be shared going forward. If you are not on What's App, please inform your coordinator ASAP.

We all believe this new approach best supports TS' mission and longer term strategy and will benefit all players in many different ways. We should all embrace this with a growth mindset and cross-fertilisation amongst all players and coaches. We should also remember that this will be a set up for the World Cup preparations too. Thanks again all for your continuous engagement and commitment

Should you have any questions at all, please do not hesitate to get in contact. We can't wait to see you all and get started on another exciting Euros journey. Make sure you wrap up well for January!

Peri Marks
TS Coaching Director

Thomas Blaser
TS High Performance
Director

Tom Pulles
TS President

Hereby a few words from our national coaches:

“The TS selection structure will focus on the development of the players skills and in the long run, all of Touch Switzerland will benefit from it. Let's grow together and build a stronger and more competitive Touch Switzerland.” - Pasqual Neuweiler

“Over the last few years we have steadily increased the number of Swiss players and teams at the Euros. Last year we had our best performance as a squad, winning our first ever medal. I am excited to work with the other coaches to help build on that success, and help develop a platform of high performance which will give us the confidence to push for more medals in France next year “ - James Weston

“In preparation for Euros 2023, I am really excited to have the opportunity to begin working with the players and coaches in Phase 1 of Touch Switzerland's High performance Men's and Women's Camps. It is an approach being used by other Nations and I believe it will greatly benefit all Touch Switzerland's National players and coaches in many ways” - Rebecca

Fitzgerald

“I'm really looking forward to working with the other coaches and together providing a great base platform from which to launch our Euros campaign in 2023.” - Pete Ryland